



Thursday, September 12, 2024 6:00 PM (EDT)

SMVF Talks is a time for Service Members, Veterans, and their Families. This is your opportunity to learn from fellow Veterans and experts who will discuss topics that are relevant to the needs of the military population. If you work with the SMVF population or if you would like to learn how to assist them, please join us. **There is no cost to participate in this Zoom event.**

**Please use the direct link below to enter the meeting
on Thursday, September 12th, at 6:00 PM (EDT)**

<https://us06web.zoom.us/j/81253982596?pwd=TuUCv1LdHiruhs1NE5Rs9ktgrMSGMS.1>

Meeting ID: 812 5398 2596

Passcode: 205582

Or scan this code:



September is National Suicide Prevention Month and to bring awareness, we will host an online SAVE training provided by our special guest, Megan Vanoli, LCSW, a Community Engagement and Partnership Coordinator (CEPC) with the Lexington VA. Talking to someone who may be at risk of suicide can feel challenging and unsettling, but it doesn't have to be. Attend the VA SAVE training and learn the steps to encourage help seeking behavior and prevent suicide.

The VA SAVE training presents a general understanding of suicide within the military and Veteran community in the United States. It addresses how to identify a Veteran who may be at risk and teaches what to do to help. The acronym SAVE stands for: Signs of suicidal thinking, Ask the person about suicide, Validate the person's feelings, Encourage them to get help

RSVP is not required; but appreciated! Send RSVP to info@biak.us



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